



Shopping List

GROUND TURKEY TERIYAKI RICE BOWL

Produce

- GARLIC (1/2 TBSP)
- CARROTS - SHREDDED (1 BAG)
- BROCCOLI FLORETS (2 CUPS)
- SCALLIONS (1 STALK)
- GINGER (1 TSP)
- TOASTED SESAME SEEDS

Pantry

- SOY SAUCE (1/2 CUP)
- BROWN SUGAR (1 TBSP)
- RICE VINEGAR (1 TSP)
- CORN STARCH (1 TBSP)
- RICE

Meat

- GROUND TURKEY MEAT (1 LB)

* 4 SERVINGS

Other

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